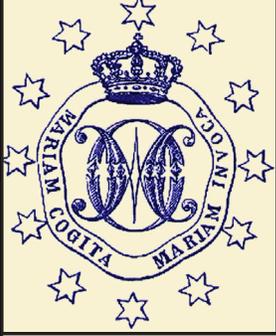


# Church of the Holy Ghost

✠ FIFTH SUNDAY OF LENT MARCH 22, 2026 ✠

1900 CALIFORNIA ST. ✠ DENVER, CO 80202 ✠ [WWW.HOLYGHOSTCHURCH.ORG](http://WWW.HOLYGHOSTCHURCH.ORG)  
FACEBOOK: @HOLYGHOSTCHURCH ✠ INSTAGRAM: @HOLYGHOSTDENVER  
OFFICE: 303-292-1556 ✠ [OFFICE@HOLYGHOSTCHURCH.ORG](mailto:OFFICE@HOLYGHOSTCHURCH.ORG)  
SOCIAL MINISTRY OFFICE: 303-297-3441 ✠ [SOCIAL@HOLYGHOSTCHURCH.ORG](mailto:SOCIAL@HOLYGHOSTCHURCH.ORG)

**Pastor**..... Fr. Paul Nguyen, OMV  
[frpaul@holyghostchurch.org](mailto:frpaul@holyghostchurch.org)  
**Parochial Vicars**..... Fr. Jonathon Hank, OMV  
*Vocations Captain*  
[frjonathon@holyghostchurch.org](mailto:frjonathon@holyghostchurch.org)  
Fr. Benjamin Unachukwu, OMV  
[frben@holyghostchurch.org](mailto:frben@holyghostchurch.org)  
**Weekend Assistants**..... Fr. Daniel Barron, OMV  
Fr. Dennis Brown, OMV  
Fr. Tom Cannon, OMV  
Fr. Mark Yavarone, OMV



HOLY GHOST CHURCH IS STAFFED BY THE  
**OBLATES OF THE VIRGIN MARY**  
✠  
[WWW.OMVUSA.ORG](http://WWW.OMVUSA.ORG)

## MASS AND CONFESSION TIMES

**OFFICE HOURS**  
**Parish Office Hours**  
Mon-Thurs 9:00 a.m. — 5:00 p.m. (Office is closed on Fridays.)  
*Office is closed for lunch 1:00 - 2:00 p.m. Mondays-Thursdays*  
**Social Ministry**  
Come and be a part of our service to the homeless, including our Monday-Saturday sandwich line. Interested? Call 303-297-3441. Come during 9:00-11:00am and 2:00-4:00pm, Monday-Friday, to receive services for an ID or a birth certificate.

**Weekday Masses**  
Monday-Friday 7:00 a.m. & 11:30 a.m.  
**Saturday Masses**  
8:00 a.m. & 4:00 p.m. (Vigil)  
**Sunday Masses**  
7:00 a.m., 8:30 a.m.,  
10:00 a.m. (Latin), 12:00 noon, 5:10 p.m.  
Coffee & Donut social after all morning Masses

**Monthly Devotions**  
**First Friday of the month (not April 3):**  
Litany of the Sacred Heart of Jesus after both Masses  
6:30pm Holy Hour of Eucharistic and Vocational Revival  
**First Saturday of the month (not April 4):**  
Mass 8:00am, Rosary and Litany of the Blessed Virgin Mary follow

**Confession Times**  
Monday-Thursday 12-1 p.m.  
Friday 12-3 p.m. and 5-6 p.m. during Lent  
Saturday Vigil & Sunday Masses: confessions start 30 minutes before Mass



*The Raising of Lazarus* by Jan Symonsz Pynas

**Eucharistic Adoration**  
M-F 7:30 a.m. to 11:30 a.m. and noon to 3:00 p.m.  
Sign up at [www.adorationpro.org/holyghostdenver](http://www.adorationpro.org/holyghostdenver)  
Contact email: [adoration@holyghostchurch.org](mailto:adoration@holyghostchurch.org)

**Baptism**  
Takes place on the 2nd and 3rd Sunday of the month.  
Baptismal Classes 1st Saturday of the month at 9:45am.  
To register, please contact the parish office.

**Adults: Baptism, Confirmation or First Communion**  
OCIA - Tuesdays 6:30-9pm, Fr. Jonathon

**Marriage**  
Arrangements for weddings are made at least 9 months in advance.  
Contact Athena, <https://holyghostchurch.org/weddings/>

**Anointing of the Sick**  
Please call our office or after hours pager 303-240-0297.

**Safe Environment: Protecting Children and At-Risk Adults**  
Parish Coordinator: Robert Pablo, x1013  
Archdiocese of Denver: <https://archden.org/protection/>

**WEEKLY REFLECTION**

**Consolation and Desolation**

This weekend, we were very blessed to have Fr. Mark Yavarone, OMV, a brother Oblate and cofounder of the Ignatian Discernment Institute, visit us and present a day of retreat on St. Ignatius of Loyola's *Rules for the Discernment of Spirits*. I can't summarize an entire day's worth of content, but here's a little tidbit of St. Ignatius's wisdom that applies to all of us.



Each of us goes through ups and downs in the spiritual life. Sometimes we feel very close to God, full of peace and joy, energized to carry out the Lord's will for us. At other times, God feels distant, spiritual things seem boring and unattractive, our hearts are drawn to worldly things, and we have little to no motivation to keep following the Lord. These are normal experiences, which St. Ignatius calls *consolation* and *desolation*. We experience consolation when our spirits are lifted up towards God, and desolation when our hearts are drawn away from God.

Everyone with a spiritual life experiences these two movements on a regular basis. St. Ignatius gives names to them so that we can be aware of them, understand them, and then take action. We first become aware of how we're feeling in relation to God, then we understand what kind of movement that is and where it comes from, and finally we take action to accept or reject that movement.

All of this is simple in concept, but it takes a great deal of practice to really integrate as a daily habit. Even a one-day retreat isn't enough to really go deep. We have to continually practice awareness of ourselves to truly understand the spiritual movements we experience, in order to constantly grow in our relationship with the Lord. As we draw near to Holy Week, let us keep this in mind, and really lean into those places where we believe the Lord is inviting us to go deeper in our relationship with Him.

--Fr. Jonathon Hank, OMV

**Subscribe to Parish Email/Texts**

Get the bulletin by email each week and more! Get timely and interesting information about Holy Ghost and Catholic Life!

Register for the topics that interest you by visiting our network at [flocknote.com/HolyGhostChurch](http://flocknote.com/HolyGhostChurch) or use your phone to text "holyghost" to 84576 and follow the instructions.



Keep in touch with us

**LIVING OUR FAITH**

Financial Blessing

<b>Needed Weekly—Offertory Budget</b>		<b>\$23,260</b>
March 15, 2026	Actual Collection	\$7,740
March 15, 2026	Weekly Online Giving	\$3,498
March 15, 2026	Offertory Surplus/Deficit	- \$12,022
March 15, 2026	avg per-person donation	\$13.62

<b>Needed Weekly—Sandwich Line Budget</b>		<b>\$5,060</b>
March 15, 2026	Actual Donations	\$1,224
March 15, 2026	Sandwich Line Online Giving	\$679
March 15, 2026	Sandwich Line Surplus/Deficit	- \$3,157
March 15, 2026	avg per-person donation	\$2.31

Online Giving Portal <https://secure.myvanco.com/L-ZFJ1/home>

**Catechesis Corner** The Raising of Lazarus

Lordship over death does not impede Jesus from feeling sincere compassion for the sorrow of detachment. Seeing Martha and Mary and those who had come to console them weeping, Jesus "was deeply moved in spirit and troubled" and "wept."

Christ's heart is divine and human. He is the incarnation of God who is love, mercy, and tenderness, of God who is Life. (from Pope Benedict XVI's homily on March 9, 2008)

**Request Masses** Consider having a Mass celebrated for any family member(s), living or deceased, or any other person or group of people who needs our prayers. You may stop by the parish office M-Th 9-5 or mail or email your requests to the office. The standard Mass offering is \$10, but it is entirely up to you whether to offer any amount at the time you make your request.

**Collective Mass Intentions** Beginning in January 2026, the first Sunday noon Mass of each month will be available for a *collective intention*. This means multiple intentions can be requested for the same Mass, with the knowledge that the Mass will be offered for all of them. This new practice is in accord with a Decree from the Dicastery for the Clergy dated April 13, 2025.

*Rest in Peace*

**Ermalinda "Linda" Sandoval**  
(d. March 16, 2026)  
(wife of parishioner Joseph Sandoval)

**Max Archuleta**  
(Viewing Friday March 27 at 9am  
followed by 10am Mass)

"May their souls and the souls of all the faithful departed through the mercy of God rest in peace."

**IMPORTANT PARKING LOT INSTRUCTIONS  
HOLY GHOST CHURCH**

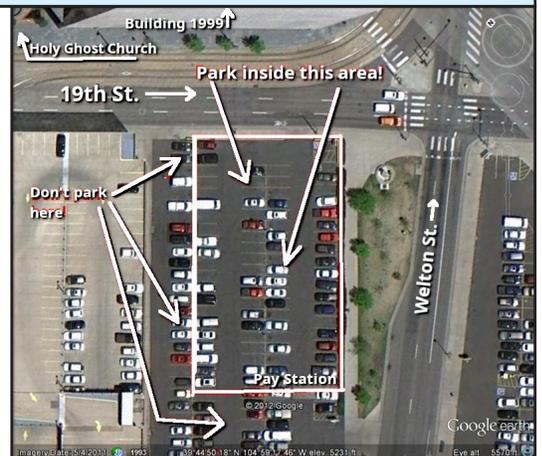
Weekend and Weekday Masses & Church Functions  
Location: 19th & Welton ("Lighthouse Lot")

**DO NOT PARK IN ANY SPOTS MARKED MONTHLY PARKING!**

**Go to the Kiosk**

1. Touch any key on the key pad.
2. Enter exact license plate number and letters. Press OK
3. Select Option—Choose appropriate # for **Holy Ghost**—Press OK
4. Obtain coupon code from the parish office.
5. A dash tag may not print. Verify the expiration time on screen.

*You may wish to take a picture of the screen in case of dispute.*



**HOLY GHOST NEWS**



**MASS INTENTIONS FOR THE WEEK**

**Saturday, March 21**

4:00 pm †Casio Martinez

**Sunday, March 22**

7:00 am Holy Ghost Parishioners

8:30 am The Mazzucca Family

10:00 am †Pierre Ruiz

Noon Dr. Tom Dilger and Family - Living and Deceased

5:10 pm Anne Marie Patton

**Monday, March 23**

7:00 am †Terry Pace

11:30 am The DeCordova and Taylor Families

**Tuesday, March 24**

7:00 am Mary Jane Jeske

11:30 am †Vidal Raigoza

**Wednesday, March 25**

7:00 am Anne Marie Patton

11:30 am †Glenn Quinn

**Thursday, March 26**

7:00 am Alex Sum

11:30 am The Pearse Family

**Friday, March 27**

7:00 am †Susan Fashaw

11:30 am Luis A. Andreu

**Saturday, March 28**

8:00 am †Tommy and †Jeanne Ligrani



**Prayer Corner for the sick and those most in need of our prayers.**

Please call the parish office to have the name placed on the list.

Joseph Brookman, Larry Brookman, Lily Chavez, Jim Cunningham, Frank Dagnillo, David DiJiacomo, Arlene Drach, Fr. Hugh Guentner, O.S.M., Monica Johnson, Nadine Karius, Connie Magers, Fr. Edward Poehlmann, Magan Sandoval, Richard Sandoval, Patrick Schaefer, Vivian Tichy

**PRAY FOR ALL OUR SERVICE MEN AND WOMEN**

LTJG Patrick D. Mahoney, Jr., US Navy	Richard Dottenwhy, E7 Army
Benjamin Jacob Lucero, US Navy	Tim Harper Vedra, USAF
M SGT D.J. Hagberg, Air Force	Maj. Sean Dzierzanowski, USMC
LTJG Gemma Nowak, US Navy	ENS Rebecca Nowak, MC, USNR
MIDN Vincent Nowak, USNR	Taylor Donohue, US Navy
Claire Clancy, US Navy	Maj. Joseph Conrad Accountius
Rogelio Tellez, USMC	ENS Ryan Tierney, USN
Antonio Castaneda	Kevin Gregory Walsh, USAF ANG

**BULLETIN SPONSORS**



Buying a Home? Get it inspected first.

Trusted by Local Agents  
Reliable, thorough home inspections

**Brian McGinn**  
CERTIFIED HOME INSPECTOR

☎ (303) 218 - 6611  
✉ brianacherryhomeinspections.com  
🌐 www.cherryhomeinspections.com



**BULLETIN SPONSORS**



Your local roofing company  
Storm Restoration Specialist  
Concrete Services  
Family owned and operated  
Established 2014



Free hail/wind damage assessment | Commercial & Residential  
Call us at 303.465.2095 [InnovationRoofingCO.com](http://InnovationRoofingCO.com)  
We specialize in insurance claims.



Commercial Functions and Receptions  
Parishioner John Cichos

3535 S. Platte Drive A-3, Englewood, CO 80110  
303-761-5828, [info@strawberriescatering.com](mailto:info@strawberriescatering.com)

Denver Hall at 16<sup>th</sup> & Grant  
Booking Events and Banquets  
Multiple spaces available  
Kitchen & Bar onsite  
<https://denverhall.org>



Let's find your DREAM HOME!  
**ANNIE COLYER**  
Broker Associate, REALTORS  
PorchLight Real Estate Group  
Cell: 765.438.8071  
Email:  
[annie.colyer@porchlightgroup.com](mailto:annie.colyer@porchlightgroup.com)  
Contact me today!!



The Mortgage Network®

Se Habla Español

Debra Morelli, Mortgage Loan Consultant, NMLS # 225477  
Email: [debra.morelli@gmail.com](mailto:debra.morelli@gmail.com)  
Office: 303-394-2121 Direct: 303-981-2451  
600 South Cherry Street, Suite 143, Denver, CO 80246

# HOLY GHOST NEWS

## Holy Thursday Seven Churches Pilgrimage "Could you not watch with me one hour?"

Keep watch with the Lord on Holy Thursday at the Central East Deanery Altars of Repose. Pilgrim to each of the seven parishes or spend time at one. Keep watch with Christ and prepare your heart for Good Friday.



**Blessed Sacrament** | 7:45 P.M. – Midnight | Adoration Chapel (rear of the church)

**Cathedral Basilica** | 7:00 P.M. – Midnight | Marian Side Altar

**Elizabeth of Hungary** | 9:00 P.M. – Midnight | Altar of St. Anthony (rear of church)

**Good Shepherd** | 8:30 P.M. – Midnight | Parish Basement

**Holy Ghost** | 8:30 P.M. – Midnight | Marian Side Altar

**Most Precious Blood** | 8:15 P.M. – Midnight | Parish Center

**St. Ignatius** | 8:30 P.M. – Midnight | Parish Basement

Holy Ghost  
**Amicizia Cristiana**  
Thursdays 6:30-8:30pm Holy Ghost parish hall



Catholic young adults (21-35)  
A joint ministry of Holy Ghost & the Lanteri Center  
**March 26** Holy Hour w/ Adoration @ Holy Ghost St. Ignatius's 'Third Week'



For more information or to join our mailing list, please contact [hgva.ministry@gmail.com](mailto:hgva.ministry@gmail.com) or scan the QR code above for GroupMe.

### Junior Sacristans for Girls

Holy Ghost is excited to offer a new program for girls to help with Mass! The Junior Sacristans program is designed for girls who have received First Communion (often the sisters of Altar Boys) to draw closer to the sacred liturgy and learn all about the books, vestments and vessels used in the Mass and actually set up for the specific feast of the day.



The role for Junior Sacristans will be just like our staff and adult volunteer sacristans who set up for the Mass, watch that the setup remains accurate as the Mass begins and proceeds (sometimes hosts need to be added), and put things away after Mass. In time, the girls will have the option to learn what is needed for baptisms, weddings, and funerals, as well.



Our first meeting will be this coming Saturday, March 28 at 11am in church. Parents are invited to stay through the meeting to learn how the program is planned to unfold. Our coordinator is Mrs. Marilen Reimer, and you can sign up using this online form or through the parish office. <https://forms.office.com/r/NuvCh5BEt8>



## SAVE THE DATE Church Decorating for Easter: Saturday April 4 at 10am

Good Friday is an obligatory day of fasting and abstinence for Catholics. In addition, Fridays during Lent are obligatory days of abstinence. Fasting is obligatory from age 18 until age 59. When fasting, a person is permitted to eat one full meal, as well as two smaller meals that together are not equal to a full meal. Abstinence from meat is binding upon members from age 14 onwards.

**LENTEN  
FASTING &  
ABSTINENCE**



### Fridays of Lent

Masses 7:00am, 11:30am  
Stations of the Cross at 12:00pm and 6:00pm  
Confessions from 12:00-3:00pm and 5:00-6:00pm  
Faith Friday program: Light supper followed by a presentation on the theme of Mercy from 6:30-8:00pm

### Sundays of Lent

Adoration, praise & worship and confessions at 4:30pm



### Holy Triduum

#### Holy Thursday, April 2

- Only 7:00pm Mass
- Adoration until midnight

#### Good Friday, April 3

- 12:00 noon service
- Confessions until 4:00pm

#### Holy Saturday, April 4

- 8:00pm Easter Vigil in the Holy Night

#### Easter Sunday, April 5

- 7:00am, 8:30am, 10:00am Latin, 12:00 noon, 5:10pm
- No confessions



### Holy Ghost Pilgrim Statue of Our Lady of Fatima

If you would like to set aside a week of prayer in your own home by welcoming the Holy Ghost Pilgrim Statue of Our Lady of Fatima, please contact: Patricia Andreu at email [hgpilgrimstatue@gmail.com](mailto:hgpilgrimstatue@gmail.com).

It is necessary to be a registered parishioner to take the statue. May God bless you!



### Denver Catholic Women's Conference 2026

This mini-retreat will guide you toward deeper union with God. Mass, talks, lunch, reflection and sisterhood.  
April 18, 2026 9:30am-2:30pm at Our Lady of Loreto Catholic Church at 18000 E. Arapahoe Road, Foxfield. Tickets: \$40



### 40 Days for Life

Holy Ghost Prayer Vigil at Planned Parenthood Park Hill  
March 25, 2026 from 7 AM - 7 PM  
Rosary at 5 PM, Mass at 6 PM

Signup at <https://www.signupgenius.com/go/10C0E45AEAE22A7FDC25-62863439-40days>  
Contact Amanda Mazzuca [hgrespectlife@gmail.com](mailto:hgrespectlife@gmail.com)



### Ongoing Activities and Groups Contact the Parish Office to connect!

#### Mondays (not 1st Monday of the month) 7:15-9pm:

Fully Alive, Men's Group

**Tuesdays at 6:30-9pm:** Adult Faith Formation and OCIA

**Wednesdays 6-8pm:** Women After Mary's Heart of Mercy

**Thursdays at 6:30-8:30pm:** Amicizia Cristiana, Young Adults Group

**One Saturday/month:** Holy Ghost Youth Ministry (Teens)



## COMMUNITY EVENTS

- **"A Sword will Pierce Your Own Soul, Too" Solemn First Vespers of the Seven Sorrows of Our Lady:** Thursday, March 26, 5:30pm at St. Ignatius of Loyola Parish, 2301 N. York St., Denver. Come prepare your heart for Holy Week at this special Solemn Vespers honoring Our Lady of Sorrows, held one week before Holy Thursday. Eucharistic Adoration to follow.