



Church of the Holy Ghost

✠ SECOND SUNDAY OF LENT MARCH 1, 2026 ✠

1900 CALIFORNIA ST. ✠ DENVER, CO 80202 ✠ WWW.HOLYGHOSTCHURCH.ORG

FACEBOOK: @HOLYGHOSTCHURCH ✠ INSTAGRAM: @HOLYGHOSTDENVER

OFFICE: 303-292-1556 ✠ OFFICE@HOLYGHOSTCHURCH.ORG

SOCIAL MINISTRY OFFICE: 303-297-3441 ✠ SOCIAL@HOLYGHOSTCHURCH.ORG

Pastor..... Fr. Paul Nguyen, OMV

frpaul@holyghostchurch.org

Parochial Vicars..... Fr. Jonathon Hank, OMV

Vocations Captain

frjonathon@holyghostchurch.org

Fr. Benjamin Unachukwu, OMV

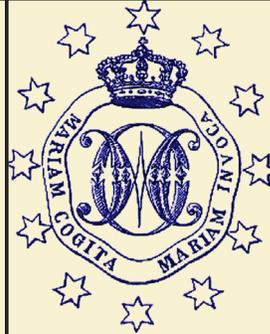
frben@holyghostchurch.org

Weekend Assistants..... Fr. Daniel Barron, OMV

Fr. Dennis Brown, OMV

Fr. Tom Cannon, OMV

Fr. Mark Yavarone, OMV



HOLY GHOST CHURCH IS STAFFED BY THE

OBLATES OF THE VIRGIN MARY



WWW.OMVUSA.ORG

OFFICE HOURS

Parish Office Hours

Mon-Thurs 9:00 a.m. — 5:00 p.m. (Office is closed on Fridays.)

Office is closed for lunch 1:00 - 2:00 p.m. Mondays-Thursdays

Social Ministry

Come and be a part of our service to the homeless, including our Monday-Saturday sandwich line. Interested? Call 303-297-3441. Come during 9:00-11:00am and 2:00-4:00pm, Monday-Friday, to receive services for an ID or a birth certificate.

Monthly Devotions

First Friday of the month:

Litany of the Sacred Heart of Jesus after both Masses
6:30pm Holy Hour of Eucharistic and Vocational Revival

First Saturday of the month:

Mass 8:00am, Rosary and Litany of the Blessed Virgin Mary follow



MASS AND CONFESSION TIMES

Weekday Masses

Monday-Friday 7:00 a.m. & 11:30 a.m.

Saturday Masses

8:00 a.m. & 4:00 p.m. (Vigil)

Sunday Masses

7:00 a.m., 8:30 a.m.,

10:00 a.m. (Latin), 12:00 noon, 5:10 p.m.

Coffee & Donut social after all morning Masses

Confession Times

Monday-Thursday 12-1 p.m.

Friday 12-3 p.m. and 5-6 p.m. during Lent

Saturday Vigil & Sunday Masses: confessions start 30 minutes before Mass

Eucharistic Adoration

M-F 7:30 a.m. to 11:30 a.m. and noon to 3:00 p.m.

Sign up at www.adorationpro.org/holyghostdenver

Contact email: adoration@holyghostchurch.org

Baptism

Takes place on the 2nd and 3rd Sunday of the month.
Baptismal Classes 1st Saturday of the month at 9:45am.
To register, please contact the parish office.

Adults: Baptism, Confirmation or First Communion

O CIA - Tuesdays 6:30-9pm, Fr. Jonathon

Marriage

Arrangements for weddings are made at least 9 months in advance.

Contact Athena, <https://holyghostchurch.org/weddings/>

Anointing of the Sick

Please call our office or after hours pager 303-240-0297.

Safe Environment: Protecting Children and At-Risk Adults

Parish Coordinator: Robert Pablo, x1013

Archdiocese of Denver: <https://archden.org/protection/>

WEEKLY REFLECTION

Take Up Your Cross

The Cross is central to our Christian faith (one might even say it's *crucial*... pun intended). This is especially true during the season of Lent, when we reflect on the passion and death of Jesus in preparation for Easter. The Cross is the emblem that we look up to, the symbol of our salvation, and the ultimate instrument of God's love.

Jesus commands each of us to take up our own crosses. During Lent, we do this through prayer, fasting, almsgiving, and self-denial. Through these practices, we purify our hearts to love God more and to grow in detachment from passing worldly things. Lenten penance is one way of taking up the cross, but it is still the cross we choose. In life, there are crosses we choose, and crosses we don't choose. And the latter—the ones that are thrust upon us—are usually much heavier.

When we take up a cross of our own choosing, we still retain some level of *control*. "I want to do this, I choose to do this, and I do this freely." Even if it's something difficult, the very fact that we *choose* it makes it that much easier and lighter to carry. That is not true for the crosses which we do not choose, which are forced upon us by circumstances, situations, or other people. These crosses are heavy, they can seem unjust or unfair, and we instinctively rebel against them with everything we have. And yet, these too are instruments of God's love, showing us the way to purification and sanctification on our spiritual journey. These too are the crosses meant by Jesus when He says, "Take up your cross and follow me."

May God grant us the grace to take up our own crosses this Lent, trusting that He will give us great strength to bear them.

--Fr. Jonathon Hank, OMV

LIVING OUR FAITH

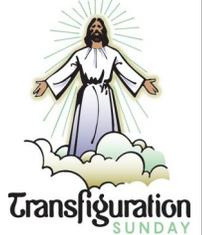
Financial Blessing

Needed Weekly—Offertory Budget		\$23,260
February 22, 2026	Actual Collection	\$13,211
February 22, 2026	Weekly Online Giving	\$5,077
February 22, 2026	Offertory Surplus/Deficit	-\$4,974
February 22, 2026	avg per-person donation	\$16.62

Needed Weekly—Sandwich Line Budget		\$5,060
February 22, 2026	Actual Donations	\$695
February 22, 2026	Sandwich Line Online Giving	\$519
February 22, 2026	Sandwich Line Surplus/Deficit	-\$3,846
February 22, 2026	avg per-person donation	\$1.10

Online Giving Portal <https://secure.myvanco.com/L-ZFJ1/home>

Catechesis Corner Today, the Eucharist which we are preparing to celebrate takes us in spirit to Mount Tabor together with the Apostles Peter, James and John, to admire in rapture the splendor of the transfigured Lord. In the event of the Transfiguration we contemplate the mysterious encounter between history, which is being built every day, and the blessed inheritance that awaits us in heaven in full union with Christ, the Alpha and the Omega, the Beginning and the End.



We, pilgrims on earth, are granted to rejoice in the company of the transfigured Lord when we immerse ourselves in the things of above through prayer and the celebration of the divine mysteries. But, like the disciples, we too must descend from Tabor into daily life where human events challenge our faith. On the mountain we saw; on the paths of life we are asked tirelessly to proclaim the Gospel which illuminates the steps of believers. (from St. John Paul II's August 6, 1999 homily)

Subscribe to Parish Email/Texts

Get the bulletin by email each week and more! Get timely and interesting information about Holy Ghost and Catholic Life! Register for the topics that interest you by visiting our network at flocknote.com/HolyGhostChurch or use your phone to text "holyghost" to 84576 and follow the instructions.



Support Floral Arrangements on the High Altar
We invite donations to support floral arrangements on the high altar (on either side of the tabernacle), and we will publish your prayer intentions in the bulletin for the week you sponsor them. The suggested donation is \$50 per side. Please inquire about availability in the parish office.

Week of March 1 - March 7
Sponsors needed

Rest in Peace
Jose Amancio Puentes
"May his soul and the souls of all the faithful departed through the mercy of God rest in peace."

**IMPORTANT PARKING LOT INSTRUCTIONS
HOLY GHOST CHURCH**

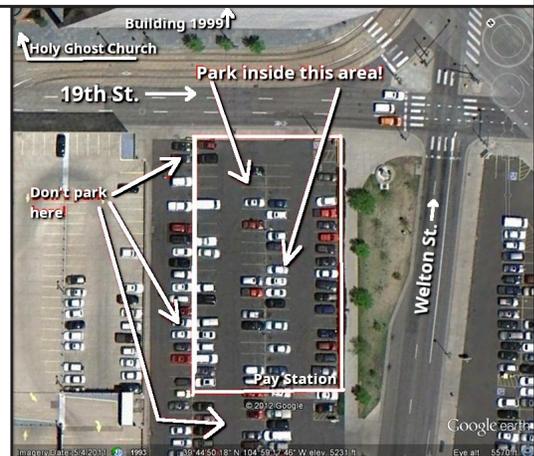
Weekend and Weekday Masses & Church Functions
Location: 19th & Welton ("Lighthouse Lot")

DO NOT PARK IN ANY SPOTS MARKED MONTHLY PARKING!

Go to the Kiosk

1. Touch any key on the key pad.
2. Enter exact license plate number and letters. Press OK
3. Select Option—Choose appropriate # for **Holy Ghost**—Press OK
4. Obtain coupon code from the parish office.
5. A dash tag may not print. Verify the expiration time on screen.

You may wish to take a picture of the screen in case of dispute.



HOLY GHOST NEWS



MASS INTENTIONS FOR THE WEEK

Saturday, February 28

4:00 pm †Gloria Siekmeier

Sunday, March 1

7:00 am Fr. Ed Poehlmann

8:30 am Holy Ghost Parishioners

10:00 am †Jennifer Scaff

Noon Fr. Chris Uhl, OMV

Sean Rodriguez

The Leo Schaefer Family

†Lisa Valtierra

5:10 pm †Louis and †Joyce Gerard

Monday, March 2

7:00 am †Jose Zamora

11:30 am Fr. Chris Hellstrom

Tuesday, March 3

7:00 am Mia Kerr

11:30 am †Romanita Diaz

Wednesday, March 4

7:00 am †Maurice Hugh Brown

11:30 am †Janet Skold

Thursday, March 5

7:00 am Nicole Kidman

11:30 am Diana P. Downard

Friday, March 6 (First Friday)

7:00 am In honor of the Angels and Saints and for all those less fortunate

11:30 am †Fidel and †Petra Vazquez

Saturday, March 7 (First Saturday)

8:00 am Marie Filardi

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Commercial Functions and Receptions
 Parishioner John Cichos

3535 S. Platte Drive A-3, Englewood, CO 80110
 303-761-5828, info@strawberriescatering.com

Denver Hall at 16th & Grant
Booking Events and Banquets

Multiple spaces available

Kitchen & Bar onsite

<https://denverhall.org>



Prayer Corner for the sick and those most in need of our prayers.
 Please call the parish office to have the name placed on the list.

Barbara Avrett, Joseph Brookman, Larry Brookman, Federico Casillas, Karen Cox, Milton Cox, Jim Cunningham, David DiJiacomo, Terry Drach, Colt Dunn, Diane Enslinger, Robin Jamsay, Nadine Karius, Diana Lyter-Foster, Connie Magers, Mary Marshall, Kenneth Miller and family, Nancy Mowers, Josie Pino, Tony Pino, Dr. Linda Reschl, Maren S, Magan Sandoval, Richard Sandoval, Patrick Schaefer, Shannon, Diana Carolina Tuesta, Elvira Unzueta, Phillip Valentine

PRAY FOR ALL OUR SERVICE MEN AND WOMEN

LTJG Patrick D. Mahoney, Jr., US Navy	Richard Dottenwhy, E7 Army
Benjamin Jacob Lucero, US Navy	Tim Harper Vedra, USAF
M SGT D.J. Hagberg, Air Force	Maj. Sean Dzierzanowski, USMC
LTJG Gemma Nowak, US Navy	ENS Rebecca Nowak, MC, USNR
MIDN Vincent Nowak, USNR	Taylor Donohue, US Navy
Claire Clancy, US Navy	Maj. Joseph Conrad Accountius
Rogelio Tellez, USMC	ENS Ryan Tierney, USN
Antonio Castaneda	Kevin Gregory Walsh, USAF ANG

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HOLY GHOST NEWS



New Book Club at Holy Ghost!
Our first book will be about the four women Doctors of the Church:
Set the World on Fire: A 4-Week Personal Retreat with the Female Doctors of the Church
by Vinita Hampton Wright (Ave Maria Press).

All ages welcome!
Meetings held on Sundays at 1pm in the Raphael Room of the parish hall.
(Meetings started Sunday February 22.)
Coordinators: Nicole Hanjani-Diaz and Amanda Mazzucca

Drug Addicts Anonymous (DA), a non-profit recovery residence for men located in Lakewood, currently houses over 30 members who are working to overcome drug and alcohol addiction and transform their lives. Their program is free, requiring no payments or insurance—only a 90-day minimum commitment and a genuine willingness to change.



This non-profit association depends on the support of the community to keep their doors open and provide for essentials like food. DA will be offering T-shirts at the end of each mass on March 7-8 to raise funds.

SAVE THE DATE

**Church Cleaning:
Saturday March 14 at 9am**



SAVE THE DATE

**Church Decorating for Easter:
Saturday April 4 at 10am**



Holy Ghost Parish Italy Pilgrimage
800th Anniversary of St. Francis and
200th Anniversary of the founding of the OMV
Journey with Fr. Paul Nguyen, OMV to the Eternal City and the roots of the Oblates of the Virgin Mary, coordinated by Canterbury Pilgrimages.
Cities in Italy: Rome, Assisi, Florence, Milan, Turin
Dates: August 31 - September 13, 2026
Base Cost: \$5,775 per person



Your pilgrimage includes roundtrip flight from Denver, 4-star hotel accommodations, dedicated tour director, breakfast and dinner daily, daily Mass and spiritual activities, and more.
hello@canterburypilgrimages.com (800) 653-0017 M-F 9-5 ET
Pilgrimage Registration is Open! Make your reservation: scan the QR code or visit <https://canterburypilgrimages.com/13228>



Good Friday is an obligatory day of fasting and abstinence for Catholics. In addition, Fridays during Lent are obligatory days of abstinence. Fasting is obligatory from age 18 until age 59. When fasting, a person is permitted to eat one full meal, as well as two smaller meals that together are not equal to a full meal. Abstinence from meat is binding upon members from age 14 onwards.

**LENTEN
FASTING &
ABSTINENCE**



Fridays of Lent

Masses 7:00am, 11:30am
Stations of the Cross at 12:00pm and 6:00pm
Confessions from 12:00-3:00pm and 5:00-6:00pm
Faith Friday program: Light supper followed by a presentation on the theme of Mercy from 6:30-8:00pm



Sundays of Lent

Adoration, praise & worship and confessions at 4:30pm

Holy Ghost Amicizia Cristiana

Thursdays 6:30-8:30pm Holy Ghost parish hall



Catholic young adults (21-35)
A joint ministry of Holy Ghost & the Lanteri Center

March 5 Healing and Forgiveness
Presented by Fr. Jonathon @ Holy Ghost

March 10 Morningstar Book Club @ Lanteri Center
Mere Christianity by C. S. Lewis

March 12 Memento Mori
Round-table discussion @ Lanteri Center

March 19 St. Joseph's Table service night @ Holy Ghost

March 26 Holy Hour w/ Adoration @ Holy Ghost
St. Ignatius's 'Third Week'

For more information or to join our mailing list, please contact hgya.ministry@gmail.com or scan the QR code above for GroupMe.



St. Patrick's Day Festival

**Saturday, March 14th at Knights of Columbus
Council #539, 1555 Grant in Denver**

**Bar service all day. Drink specials.
Entertainment: Celtic step dancers, live bagpipes,
session music. Guinness Men's Six Nations Rugby.
Food for purchase noon-2:30pm: Corned beef,
cabbage, and potato meal. Hot dog meal.
Free parking with purchase of food.**



Lanteri Center Spring Silent Retreat in Sedalia

What a wonderful time to stop and reflect with the Lord, to take a look deep within to be renewed.
March 19-22. Options for a 4-day or 8-day retreat (limited number of 8-day spots available). Meet with a spiritual director daily and get suggested themes for prayer and help processing your experience with God in prayer. Sacrament of Reconciliation available Saturday. Mass offered Saturday and Sunday. Use QR code to apply. Lanteri Center: 303-298-1498



Sanctify your day Denver Catholic Women's Conference 2026

How do we remain in the presence of God amid the demands, schedules and daily drudgery of life? This mini-retreat will guide you toward deeper union with God. Mass, talks, lunch, reflection and sisterhood.

April 18, 2026 9:30am-2:30pm at Our Lady of Loreto Catholic Church at 18000 E. Arapahoe Road, Foxfield. Tickets: \$40



Time to
Spring Ahead

Daylight Savings Time
March 8, 2026
Don't forget to set your clocks forward next weekend so you won't be late for Church.

Ongoing Activities and Groups Contact the Parish Office to connect!

Mondays (not 1st Monday of the month) 7:15-9pm:
Fully Alive, Men's Group

Tuesdays at 6:30-9pm: Adult Faith Formation and OCIA

Wednesdays 6-8pm: Women After Mary's Heart of Mercy - on winter hiatus

Thursdays at 6:30-8:30pm: Amicizia Cristiana, Young Adults Group

One Saturday/month: Holy Ghost Youth Ministry (Teens)



COMMUNITY EVENTS

- Grief Support Programs:** Saturday March 7, 9:30AM-3:30PM at St. Anne Catholic Church for Catholic grief support.
<https://www.cfcscolorado.org/mission-programs/grief-support>